

TENNIS

STUDENT	TIME	TENNIS HALL 1.5. - 30.9.		CLAY COURTS	
		MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
PEAK HOURS 2	6-9, 21-23	315 Kc	365 Kc	125 Kc	135 Kc
OFF-PEAK HOURS	9-15	315 Kc	365 Kc	125 Kc	135 Kc
PEAK HOURS 1	15-21	315 Kc	365 Kc	155 Kc	190 Kc
WEEKEND/HOLIDAY	6-23	*315 Kc/ 315 Kc	365 Kc	*125 Kc/ 155 Kc	190 Kc

SQUASH (TABLE TENNIS)

	TIME	MEMBER	NON-MEMBER
PEAK HOURS 2	6-9, 21-23	120 Kc	140 Kc
OFF-PEAK HOURS	9-15	120 Kc	140 Kc
PEAK HOURS 1	15-21	200 Kc	260 Kc
WEEKEND/HOLIDAY	6-23	*120 Kc/ 180 Kc	240 Kc

BADMINTON

	TIME	MEMBER	NON-MEMBER
PEAK HOURS 2	6-9, 21-23	140 Kc	220 Kc
OFF-PEAK HOURS	9-15	140 Kc	210 Kc
PEAK HOURS 1	15-21	260 Kc	330 Kc
WEEKEND/HOLIDAY	6-23	*140 Kc/ 230 Kc	290 Kc

BOOKING RULES

The price of the court for each racquet sport is always valid for 2 people per 60 min. on 1 court. Other non-members on the court must pay a fee of 30 Kč per visit. Cancellation costs vary depending on when the court reservation is made. There is no cancellation cost when you cancel the reservation more than 24 hours beforehand, 50% of the price is charged when the cancellation is made less than 24 hours beforehand, but the full price is charged when the cancellation is made less than 8 hours beforehand. The cancellation costs will be charged at the next visit or paid from your OMEGA account (except in cases of bad weather – for clay courts).

The OMEGA Centre is not always contactable by phone to make cancellations! Non-members may book a tennis or badminton court as long as they have enough credit on their OMEGA account. Both members and non-members (who have enough credit on their OMEGA account and have received a password from reception) should use the on-line reservation system to make bookings and cancellations. You may book a single visit in person or by phone. All members may make reservations up to 4 weeks beforehand. Non-members can book their activities only 2 weeks beforehand. Members are also able to make long-term reservations.

* Valid: 6 am - 9 am, 9 pm - 11 pm

GROUP CLASSES, TRX

TIME	6-23	45 MIN		60 MIN		TRX (55-60 MIN)	
		MEMBER	NON-MEMBER	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
		35 Kc	60 Kc	45 Kc	75 Kc	95 Kc	115 Kc

H.E.A.T. PROGRAM

TIME	6-23	45, 60 MIN		ONE-MONTH ENTRANCE	
		MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
		80 Kc	100 Kc	1 100 Kc	1 250 Kc

BOOKING RULES

Group classes are limited to a maximum of 30 people (H.E.A.T. program classes to a maximum of 15 people), some other activities with a lower amount. You may make a reservation in person, by phone or on-line. To book a lesson, non-members must have enough credit on their OMEGA account. You may book a single lesson in person or by phone.

There is a cancellation cost (100% of the price) if you don't cancel your lesson at least 3 hours beforehand.

The OMEGA Centre is not always contactable by phone to make cancellations! Both members and non-members (who have enough credit on their OMEGA account and have received a password from reception) should use the on-line reservation system to make bookings and cancellations. All members may make reservations up to 4 weeks beforehand. Non-members can book their activities only 2 weeks beforehand.

FITNESS

	TIME	MEMBER	NON-MEMBER
OFF-PEAK HOURS	9-15	80 Kc	105 Kc
PEAK HOURS	6-9, 15-23	100 Kc	120 Kc
WEEKEND/HOLIDAY	6-23	80 Kc	105 Kc

There is no need to make a booking for the gym as entry is not time limited. Entry for people younger than 15 years old must be accompanied by responsible adult.

POWER PLATE

	TIME	30 MIN	
		MEMBER	NON-MEMBER
TRAINING POWER PLATE	6-23 hod	200 Kc	300 Kc
TRAINING POWER PLATE PAIR	6-23 hod	250 Kc	375 Kc

To make booking please contact personal trainers. Contacts are available at the reception. Fitness entry included.

A cancellation fee may be charged if the training is cancelled less than 8 hours beforehand.

PROGRAMMES

	YEARLY		ONE-MONTH ENTRANCE	
	PRICE	MONTH INSTALMENT	MEMBER	NON-MEMBER
FITNESS	8 685 Kc	760 Kc	930 Kc	1 140 Kc
GROUP CLASSES (ex. TRX)	3 330 Kc	290 Kc	930 Kc	1 140 Kc
H.E.A.T. PROGRAM	8 900 Kc	780 Kc	1 100 Kc	1 250 Kc
3 IN 1	11 340 Kc	990 Kc	930 Kc	1 140 Kc

Yearly programmes are valid only for members. Yearly fitness programmes include a sport drink during each visit and 3 personal trainings for free.

FITNESS SERVICES

	MEMBER	NON-MEMBER
PERSONAL TRAINER (incl. TRX)	315 Kc	470 Kc
PERSONAL TRAINER (PT) PAIR	420 Kc	630 Kc
STRETCHING WITH PT	50 Kc/30 min	60 Kc/30 min
TRAINING PLAN - FITNESS	400 Kc	600 Kc
COMPREHENSIVE DIAGNOSTIC	1 500 Kc	1 850 Kc
INDIVIDUAL NUTRITIONAL PLAN	1 000 Kc	1 200 Kc
STRESS TESTING - ergometer	850 Kc	1 050 Kc
ANS ACTIVITY	600 Kc	750 Kc
BODYSTAT - body composition	200 Kc	300 Kc
CONSULTATION	400 Kc	500 Kc

A cancellation fee may be charged if the training is cancelled less than 8 hours beforehand.
First consultation is free of charge. Contact: Mgr. Veronika Drbošalová, +420 777 176 085, e-mail: drbosalova@omegasport.cz.

WELLNESS ZONE

	MEMBER	NON-MEMBER	NON-MEMBER MO-FR 15-21
1 ENTRANCE	0 Kc	250 Kc	300 Kc
PRIVATE WELLNESS ZONE			
SAUNA 2 HOURS	800 Kc	990 Kc	
WHIRLPOOL 1 HOUR	400 Kc	520 Kc	
SAUNA+WHIRLPOOL 2 HOURS	1 200 Kc	1 500 Kc	

Entry to the Wellness Zone for children younger than 12 years old is only allowed before 5 pm. Valid from Monday to Sunday for non-members as well as members.
Opening hours for ladies sauna and steam room are reduced from April till September. Monday till Friday from 3 pm, weekends and holidays from 10 am.
A deposit is needed to book the private wellness zone.

SOLARIUM/SOLARIUM TURBO

	MEMBER	NON-MEMBER
CLASSIC / TURBO (1 MIN)	5 Kc/10 Kc	7 Kc/14 Kc

ADVENTURE GOLF

	1 HOUR FEE		FEE PER ADDITIONAL HOUR	
	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
ADULTS	100 Kc	130 Kc	60 Kc	80 Kc
FAMILY	300 Kc	360 Kc	180 Kc	220 Kc
CHILDREN UP TO 6 YEARS OLD	FREE	FREE	FREE	FREE

Family = 2 adults and 2 children up to 18 years old.

RENTAL

	MEMBER	NON-MEMBER
	PRICE/TIME	PRICE/TIME
TENNIS RACKET	100 Kc/hod	120 Kc/hod
TENNIS PLAY MACHINE	150 Kc/hod	200 Kc/hod
SQUASH, BADMINTON RACKET	40 Kc/30 min	60 Kc/30 min
SQUASH BALL	10 Kc	15 Kc
SQUASH GLASSES	30 Kc/30 min	45 Kc/30 min
SMALL TOWEL	0 Kc	20 Kc
BIG TOWEL	0 Kc	30 Kc
SMALL + BIG TOWEL	0 Kc	40 Kc
BED SHEET	20 Kc	30 Kc
BATHROBE	45 Kc	70 Kc

MEMBERSHIP

	PRICE	MONTHLY INSTALMENT
REGISTRATION FEE*	1 000 Kc	
STANDARD	5 750 Kc	500 Kc
STANDARD PAIR	9 200 Kc	800 Kc
STANDARD FAMILY	11 290 Kc	985 Kc
STANDARD JUNIOR up to 15	2 630 Kc	230 Kc
STUDENT	4 000 Kc	350 Kc
SENIOR 65 + **	4 000 Kc	350 Kc
TIME LIMITED - MONTH	1 050 Kc	XXXX
TIME LIMITED - WEEK	460 Kc	XXXX

* Registration is free for new accounts. A reactivation fee may be applied if you renew your membership after your previous membership has expired.

** SENIOR membership benefits are valid until 3 pm.

OTHER SERVICES

	MEMBER	NON-MEMBER
BABYSITTING *	50 Kc/hour	60 Kc/hour
ADDITIONAL LIGHTS - tennis hall	50 Kc/hour	60 Kc/hour
UNRETURNED WRISTBAND FEE	200 Kc	200 Kc

* Babysitting may be requested outside of regular hours, but this must be ordered 48 hours in advance. The cost is 100 Kc/hour.
Babysitting opening hours: Monday-Friday: 8:45-11:30, Monday, Wednesday: 14:00-19:00, Tuesday, Thursday, Friday: 15:00-19:00.

OMEGA
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sportu
a zdraví

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